

APS College of Arts and Science

N.R. Colony, Bengaluru -560019.

Annual Report of Health Club 2021-22

Health club of APS College of arts & science Organized Health Check up camp for girl students on 21.12.2021 and 19.7.2022 in association with Lions Club Vaishnavi, Bangalore

The Objectives of Health Check-up Camp

1. To know the health status of girls students of our college.
2. To improve the health condition of students having issues.
3. To raise awareness about hygienic practices.
4. To give tips on nutritious food.

* First Health Check up Camp was held on 21.12.2022

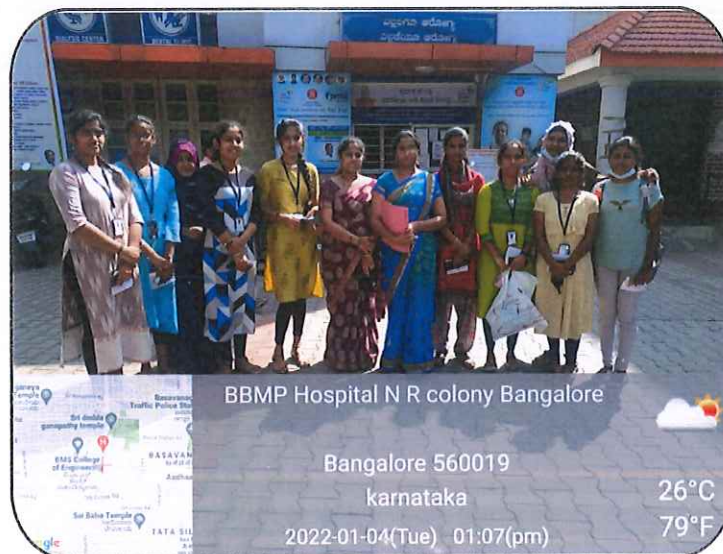
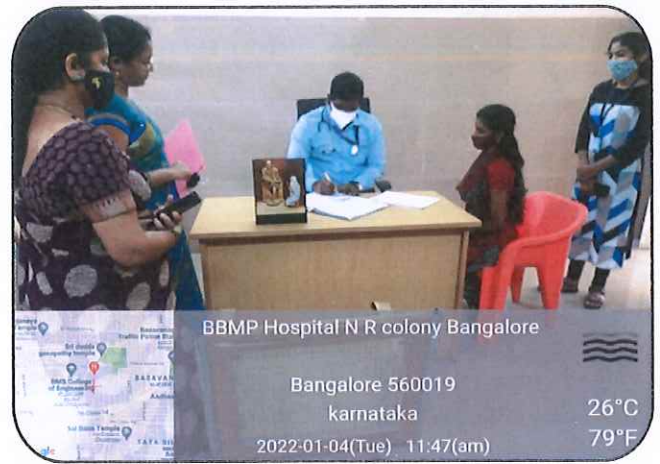
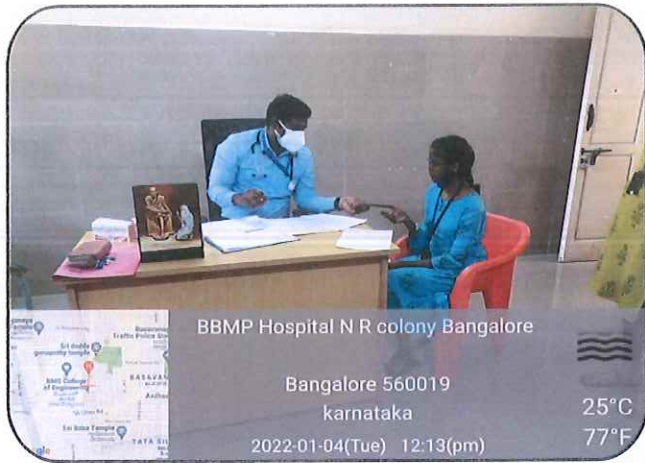
President of Lions Club, Lion Murali Krishna addressed the students and explained the benefits of good health and motivated everyone to follow healthy practices. Under the same platform health check up was organized and Dr. Annapurna and her team performed health check up for 138 girl students.

Dr. Annapurna addressed the gathering and spoke about women's health and suggested ways to maintain good health.

Out of 138 students few students were found having low Hb and other related problems.



As follow up, the students were taken to BBMP hospital N.R. Colony for further expert consultation and they were also given health supliments on 14.01.2020 as per doctor's advise.



*** Second Health Check up was held on 19.07.2022**



The programme was inaugurated by Chief Guest Lion Jagadish V, President, LCB Vaishnavi, Bangalore and addressed the students

The explained them about the benefits of health and motivated every one to be conscious about health and maintain a good health status.



Under the same platform health check up was conducted by Dr. Sulakshana & her team. About 150 girls students under went check up and few students among them were found with low Hb and other related problems. Students having issues were brought to the notice of parents. Parents assured of further action with their family doctors.



On the same day a special lecture was organized on the topic Health and Nutrition by Dr. Anitha Prasad who is associated with Lions Club Vaishnavi Bangalore. The gathered students were addressed by the doctor and spoke about the importance of womens health and also suggested to take nutritious foods regularly such as vegetables, fruits, and green leafs. Doctor also advised the students to use menstrual cups during menstruation period to avoid infections. She adviced to practice yoga regularly to set right irregular menstrual cycles. Students interacted with the doctor and discussed their personal issues.



Principal Dr. B. Jayashree addressed the gathering and thanked Lions Club Vaishnavi team for their kind cooperation and successfully holding the health camp for the benefit of girl students of our college.

As convenor I thank the Principal Dr. B. Jayashree for this novel idea and whole hearted guidance, Prof Sarvamangala IQAC coordinator and Lt. Dr. Loksha. A Co-coordinator, IQAC for there initiative. I also thank all the members Ms. Sonabai. M, Mr. Milan. M.H, Dr. Raghavendra. G.L, Ragesh H.K. for there all round cooperation & support

Shruthi B

Shruthi. B
Convenor Health Club

Dr. B. Jayashree

Dr. B. Jayashree
Principal



A.P.S. COLLEGE OF ARTS & SCIENCE

N.R. Colony, Bengaluru-19, Ph no: 080-26603192

Report on first weekly assembly dated 1st December 2021

Motto: To imagine, believe and achieve is the key mantra to success.

The first weekly assembly was organized and proceeded by the second year MA Economics students.

Mentors were *Ramesh* sir and *Lokesh* sir from the economics department, the host of the event being *Amulya M* (2nd year MA), the chief guest being *A R Acharya* sir who is the general secretary of APS educational trust, *Mrs. Mamatha J* from the psychology department and our beloved principal *Dr. B Jayashree* madam.

The event began by invoking the blessings of God and the invocation was sung by *Karan V* (2nd year MA) followed by the welcome speech which was delivered by *Amulya M* (2nd year MA). The lighting of lamp by the dignitaries gave a formal inauguration to the assembly while the principal addressed the gathering with a brief note on the proceedings of the assembly. The departmental news, faculty and student achievement news, NCC/NSS/YRSC/Sports and yoga news/office and scholarship news was presented by *Karan V* (2nd year MA). The achievements of our beloved ones proved again that education is not a way of life, but life itself! News on NEP and its implementation in our college was presented by *Keshavmurthy D* (2nd year MA).

Certificates of various events were distributed and the chief guest, *A R Acharya* sir addressed the gathering with a few but powerful words and motivated the gathering to do more in life and to strive towards ones goals.

The first assembly thereby came to an end with a positive note and the vote of thanks was presented by *Amulya M* (2nd year MA). Never to forget the pride of being an Indian, the event concluded by singing the National Anthem together.

Finally, I take this opportunity to extend my earnest gratitude and respect to all the Teaching and Non-teaching Staffs of the all Departments in APS College of Arts & Science. Heartfelt thanks to my beloved Parents and Friends for their kind support and blessing.



Dr. Ramesha K.
HOD, Dept. of Economics (PG)

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ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE

N.R. COLONY, BANGALORE 19, Phone No: 26603192

REPORT ON SECOND WEEKLY ASSEMBLY DATED 10th DECEMBER 2021

MOTTO: Small steps in right direction can turn out to be the biggest step of your life.

The second Weekly assembly was organized by the final year students of BCA Computer Science.

Mentor was H.O.D.Satyashree, from the Department of Computer Science. In the presence of Dr. B. Jayashree, Principal, preceded the Programme Committee, with Senior Professors and H.O.D.'s of all the Department were present.

The event began by anchoring invoking by Kum.Ramya.R. and the blessings of God and Invocation was sung by Kum. Unnathi.R. Bhat, followed by the welcome speech which was delivered by Kum.Sathya.R. The department information like and students achievements, NCC/NSS/YRSC sports and yoga news/office and information related to scholarship etc was presented by Kum. Shruthi.K. and news headlines was presented by Kum. Nandini.C. There is only one thing that makes a dream impossible to achieve. The fear of failure.

The news on Yoga and its implementations in our College was presented by Kum. Keerthana. Land the yoga was demonstrated by Kum. Gouthami.S. and Kum.Unnathi. R. Bhat. Then the Principal addressed the gathering and motivated the gathering to achieve and reach the goals.

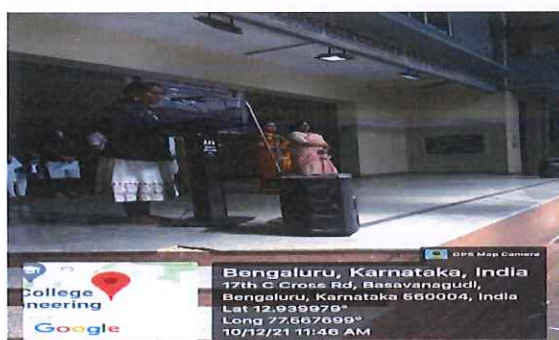
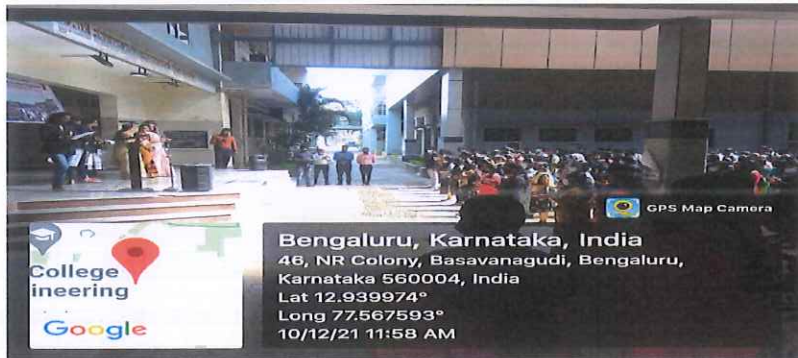
The second assembly thereby came to an end with a positive note. And the Vote of thanks was presented by Kum. Sathya.R. Never to forget to be proud of an Indian, the event concluded by singing the National Anthem together.



Saty
SATYASHREE
MENTOR

J of the
J MAMATHA
CONVENOR

Bapu
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A.P.S. COLLEGE OF ARTS & SCIENCE, N R Colony, Bangalore

Report on Third Weekly Assembly Dated 16th December 2021

The Third weekly assembly was organized by the third year students of B.Sc (PCM & CBZ)

Dr. A Ramprasad, NAAC Advisor, APSAS, Dr. B Jayashree, Principal and Dr. Narsimha Parvatikar, Assistant Professor, Department of Physics, mentors, teaching and non teaching faculty members were present. T Varun of 3rd year B.Sc PCM was the anchor.

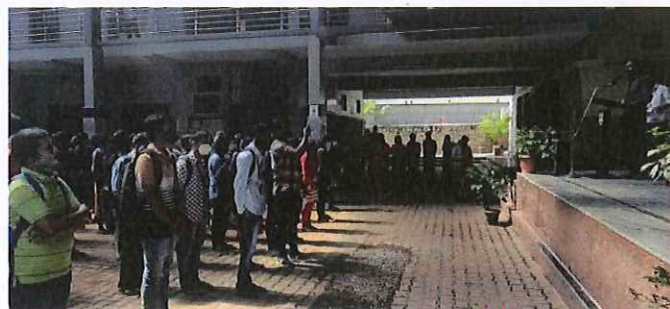
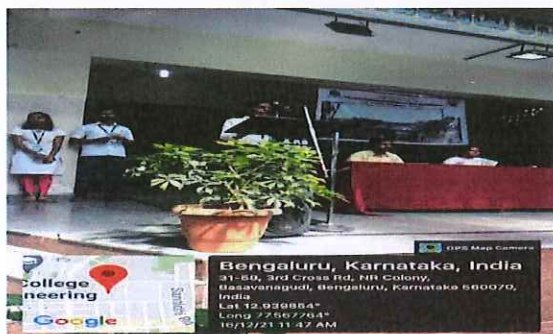
The event began by invoking the blessings of God and the invocation was sung by Shamitha of 3rd year B.SC followed by welcome speech which was delivered by Balraj of 3rd year B.Sc. Weekly news was read by Anusha of 3rd year B.Sc. Departmental activities was read out by Fairouz Pasha and Sneha S A.

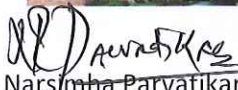
Principal addressed the gathering with a brief note on the proceedings of the assembly. She emphasized on celebrating National Mathematics day and informed all the students to actively participate in the celebrations. She also motivated students to take interest in Research and write research articles along with their academics. The departmental news, faculty and student achievement news, NCC/NSS/YRC/Sports and Yoga news, office and scholarship news was presented by Varun.

Dr. A Ramprasad, NAAC Advisor spoke on adopting add on courses and certificate courses which enhances their placements after their degree courses. He advised each one of the students either science stream or Arts stream to be focused on current aspects and attend competitive exams for a bright future.

3rd year B.SC CBZ students displayed posters on DNA and insulin Journey in India, 100 years on it Continues to save lives. The event was concluded with singing National Anthem.

Around 250 students of BA/B.SC/BCA and MA economics were present.




Dr. Narsimha Parvatikar
HOD, Dept. of Physics


Dr. B Jayashree
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ACHARYA PATHASALA COLLEGE OF ARTS & SCIENCE

N.R. Colony, Bengaluru-19, Ph no: 080-26603192

REPORT ON FOURTH WEEKLY ASSEMBLY DATED 22nd DECEMBER 2021

MOTTO: "NEVER GIVE UP"

The fourth weekly assembly was organized by the third year students of B.A. SEPsy & SKPsy.

Ms. Harshitha S, Assistant Professor, Department of Psychology was Mentor. The Chief Guests were Sri A R Acharya, General Secretary, APSET, Sri P Krishna Swamy, Joint Secretary, APSET. A Principal Dr. B Jayashree, presided the programme.

The assembly started at 11.30 am. Manushree R was the anchor. Nethra H B, Hamsaveni E & Yashaswini P delivered the invocation song. Welcome speech was given by Yashaswini P. Weekly news was read by Pushpa R. Departmental activities was read out by Nethra H B. Monisha A & Manushree R gave some tips on Stress Management.

Since it was National Mathematics day, students from the Department Of Mathematics observed it by giving a talk on mathematician Srinivasa Ramanujan after that a Newsletter was released by the dignitaries.

Our students participated in Bengaluru City University Intercollegiate Yoga competition for Men/Women on 15.12.2021. The certificates were distributed on that day.

Since Christmas was approaching in the same week, the whole idea of Christmas was told in the assembly by Shravani M. After that Christmas gifts were given to the dignitaries, Sri A R Acharya, General Secretary, Sri P Krishna Swamy, Joint Secretary, & Principal Dr. B Jayashree.

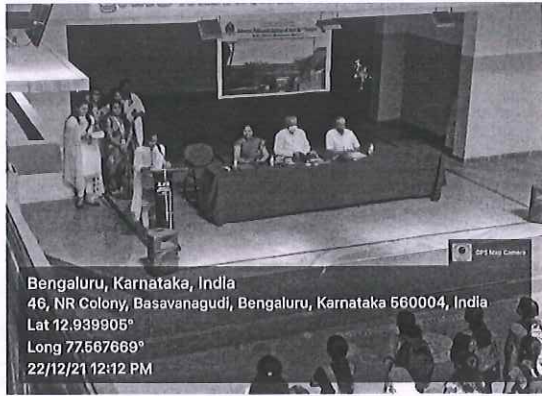
Presidential address was delivered by Sri A R Acharya sir. The vote of thanks was proposed by Mahalakshmi R. The assembly concluded by singing National Anthem.



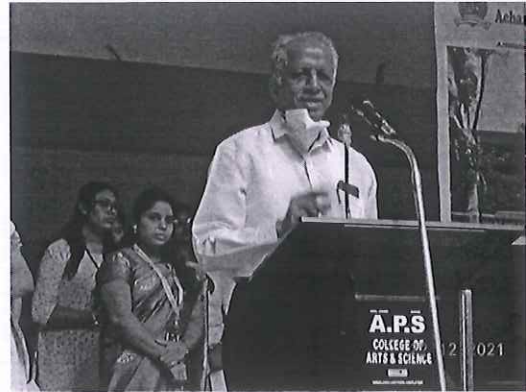
HARSHITHA S
CLASS MENTOR

J MAMATHA
CONVENOR


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ATTENDANCE Form

Name of the programme : WEEKLY ASSEMBLY, [4th]

Date: 22/12/21

Sl. No.	Name of the Student	Signature	Sl. No.	Name of the Student	Signature
28	Ganithash. L		56	Chaitanya. V.	
29	Ganesh Skanda. L	Ganesh Skanda	57	Singhu	
30	Veeresh. S		58	Bathya. Y	
31	Nandya. D		59	Vinutha. M	
32	Jayanth. P.C		60	Vinutha. N	
33	HEMANTH. S		61	Dhanalakshmi	
34	JAYAN. V		62	Chaitra. MR	
35	Rukshana Beni		63	Sushela Bai	
36	Lakshmi		64	Sushra. S	
37	Harshitha. R		65	Aishwarya.	
38	Kapana. R.G		66	Ranjitha. AM	
39	Nalini. G.		67	Ashwinihotti.	
40	Sumera M.C		68	Madhusree. S	
41	Bhusha. L		69	Neha. R	
42	Tharun Taj		70	Ruthi. N	
43	Parvina. M		71	Rakshitha	
44	Pooja. R		72	Preethi. H.P	
45	Shilpa		73	Vikram. G	
46	Sundarya. S		74	Manoj. S	
47	CHRISTINA TABITHA		75	Jogadish. C	
48	Manjula. T		76	BM Karthyak Raju	
49	Bhavana. T		77	Rohit. N.R	
50	Harshitha. M		78	Vaibhav. P	
51	Lokesh. S		79	Lokesh Gowda. P	
52	Arun. M		80	Chandu. V	
53	Suhani. M		81	Viningerani. A	
54	SAD. KRASHA		82	Sundareya. A	
55	Rajeev. U.K		83	Varshavani. S	

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ATTENDANCE Form

Name of the programme : WEEKLY ASSEMBLY [A15]

Date: 22/12/21

Sl. No.	Name of the Student	Signature	Sl. No.	Name of the Student	Signature
84	Bhavya . G		121	Baratha	
85	igayathri . S		122	Ramesh	
86	Mamushree . S		123	Pavan	
87	Pooja . V		124		
88	Geetha . S				
89	Sindhu . H				
89)	Thaniya				
100	Cholva				
101	Rakshitha				
102	Jayashree				
103	Anjali				
104	sandya				
105	kavya				
106	vidya				
107	Nakitha . G				
108	Prema . E				
109	Rashmitha . R				
110	Priya . K				
111	Arpitha .				
112	Aswini .				
113	Subhmitha . S				
114	Sandhya . S				
115	Kausalya .				
116	Asha . K				
117	Aadeshwar				
118	Srikanth				
119	Yallappa				
120	Valmiki				



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REPORT ON SIXTH WEEKLY ASSEMBLY DATED 20th JULY 2022

Motto : Imagination is the beginning of creation. You imagine what you desire;

The sixth Weekly assembly was organized by the second year students of BCA Computer Science.

Mentor was H.O.D. Satyashree Madam from the Department of Computer Science. In the presence of Dr. B. Jayashree, Principal, preceded the programme Committee, with Senior Professors and H.O.Ds of all the Department were present.

The event began by anchoring invoking by Kum.Meghana.A and the blessings of God and Invocation was sung by Kum.Shreelakshmi.B.R and Kum.Tejaswini.M followed by the welcome speech which was delivered by Kum.Jyothika.G . The special day information i.e about “International chess day” was by Kum.Vaishnavi.K.V. The department information like and students achievements, NCC/NSS/YRC sports and yoga news/office and information related to scholarship etc was presented by Kum.Jyothika.G and Kum.Amrutha.M followed by Kum.Prathibha.R and news headlines of English was presented by Mohammad Ayaan and for kannada followed by Kum.Harshitha.D. There is only one thing that makes a dream impossible to achieve. The fear of failure.

Then the Principal addressed the gathering and motivated the gathering to achieve and reach the goals.

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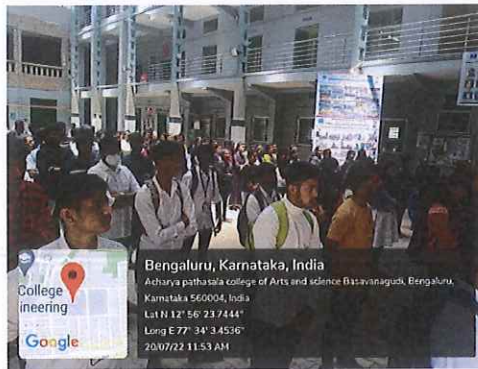
The sixth weekly assembly thereby came to an end with a positive note. And the Vote of thanks was presented by Kum.Hemalatha.P Never to forget to be proud of an Indian, the event concluded by singing the National Anthem together.



SATYASHREE
HOD of Computer Science
The Mentor and convenor


Dr. B. JAYASHREE
PRINCIPAL
K.P. Science College, Bangalore-560 040.

REPORT ON SIXTH WEEKLY ASSEMBLY DATED 20th JULY 2022




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Asathoma Sathgamaya

REPORT ON EIGHTH WEEKLY ASSEMBLY DATED 3RD AUG 2022

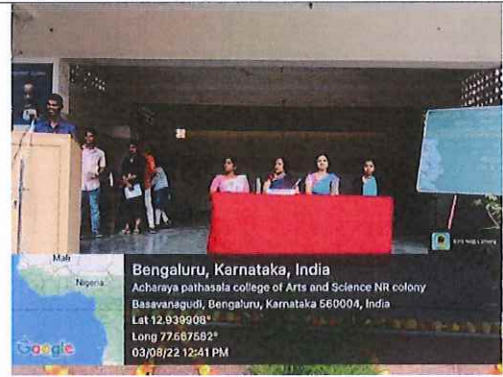
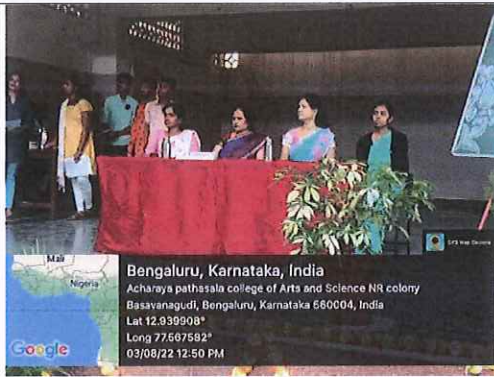
8th weekly assembly was organized by the 2nd year students of B.A (HEK/HEP/SEPSY/HEM).

The assembly started at 12.00 noon at APS College of Arts & Science.

The following activities were conducted -

- Anchoring was done by Sindhu.H
- The program commenced with the invocation by Akash.D.T
- Welcome speech was given by Nagaraj.H
- Departmental activities were narrated by Sudeep.N
- Kannada News & English News from Newspaper were read by Hemalatha & Christina Thabitha
- Prizes were distributed to the winners of English Essay Competition by S.C.Gayathri, Dept. Of English
- Dr.B.Jayashree, Principal addressed the assembly

The program concluded with the vote of thanks, was proposed by Nandan.D



Gayathri.S.C Class Mentor(HEP)	Ashwini.R Class Mentor(HEK)	Dr. B. Jayashree Principal APS College of Arts & Science N.R. Colony, Bengaluru-560 019.